

**NAATP**  
NATIONAL 2019





NATIONAL ASSOCIATION  
OF  
ADDICTION TREATMENT PROVIDERS

# General Session 4

## The NAATP Addiction Treatment Outcomes Measurement Toolkit: The Addiction Treatment Provider Implementation Guide to Standardized Outcomes Measurement

VOICE.  
VISION.  
LEADERSHIP.

# The NAATP Addiction Treatment Outcomes Measurement Toolkit

## Moderator



Annie Peters, PhD  
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## Panelists



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Director, Public and Behavioral  
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Natalie Wheeler, PhD  
Researcher  
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Mark Loes  
COO  
Sundown M Ranch



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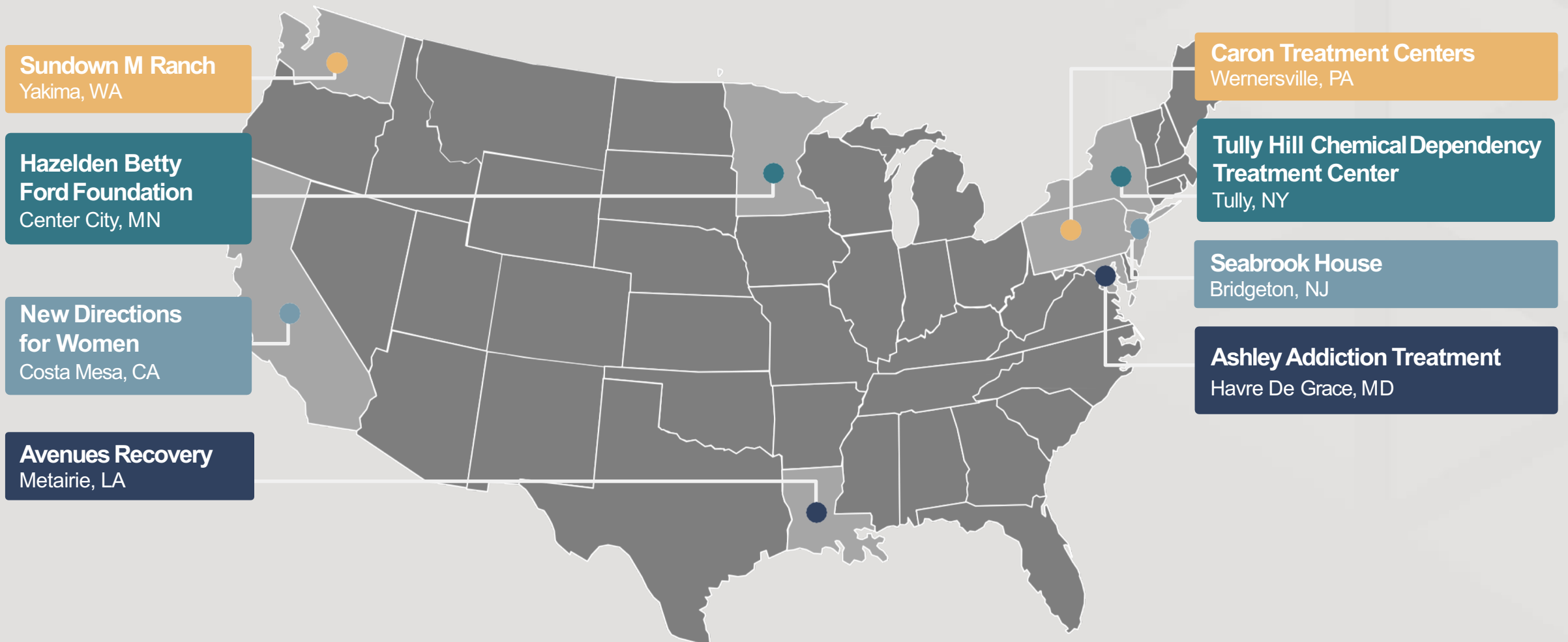
# **The NAATP Addition Treatment Outcomes Measurement Toolkit**

May 7, 2019





# NAATP Outcomes Pilot Program (OPP)



# Enrollment Criteria



**01**

## Age

Participants had to be at least 18 years of age



**02**

## Treatment Program

Participants had to be voluntarily enrolled in inpatient treatment

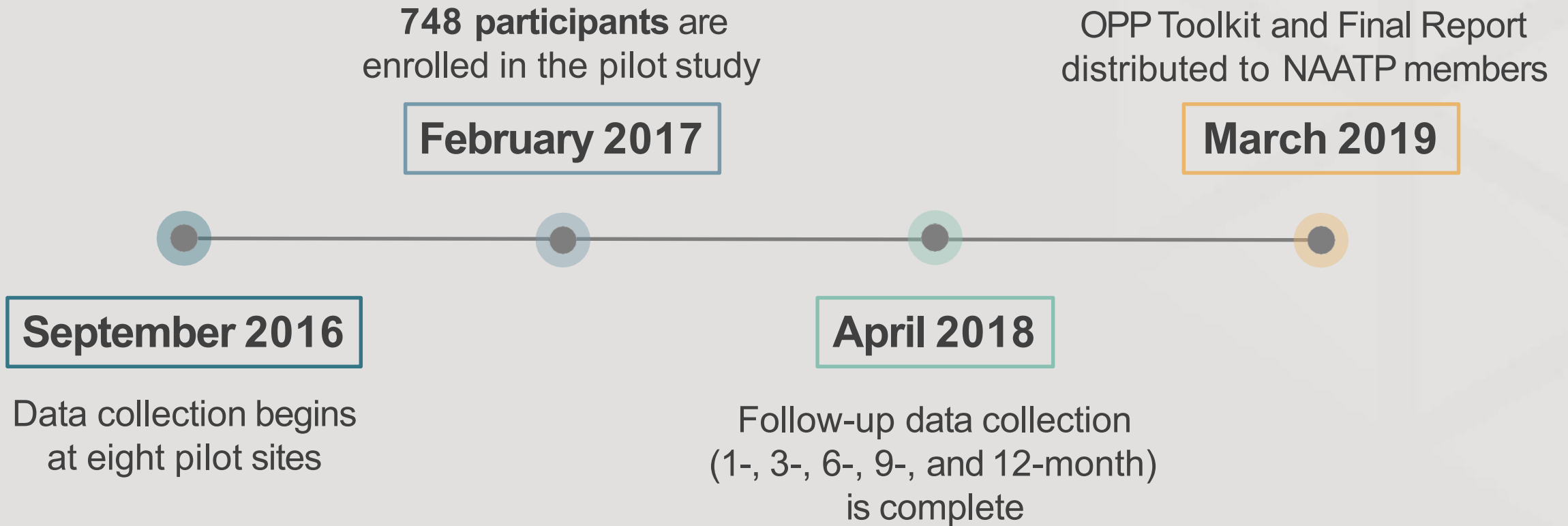


**03**

## Survey Completion

Participants had to complete an intake survey

# Timeline



# Goals



1

**Establish best practices in outcomes research for substance use treatment**

2

**Measure long-term outcomes for patients who receive inpatient treatment for a substance use disorder**



A photograph of four people standing on a grassy hill, looking out over a valley at sunset. The sun is low on the horizon, creating a warm, golden glow. The people are silhouetted against the bright light. A semi-transparent white banner is overlaid across the middle of the image, containing the text "Key Findings".

# Key Findings



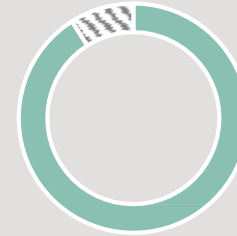
# 748 participants enrolled in the OPP



**58%**  
were male



**47%**  
were employed



**91%**  
identified as White

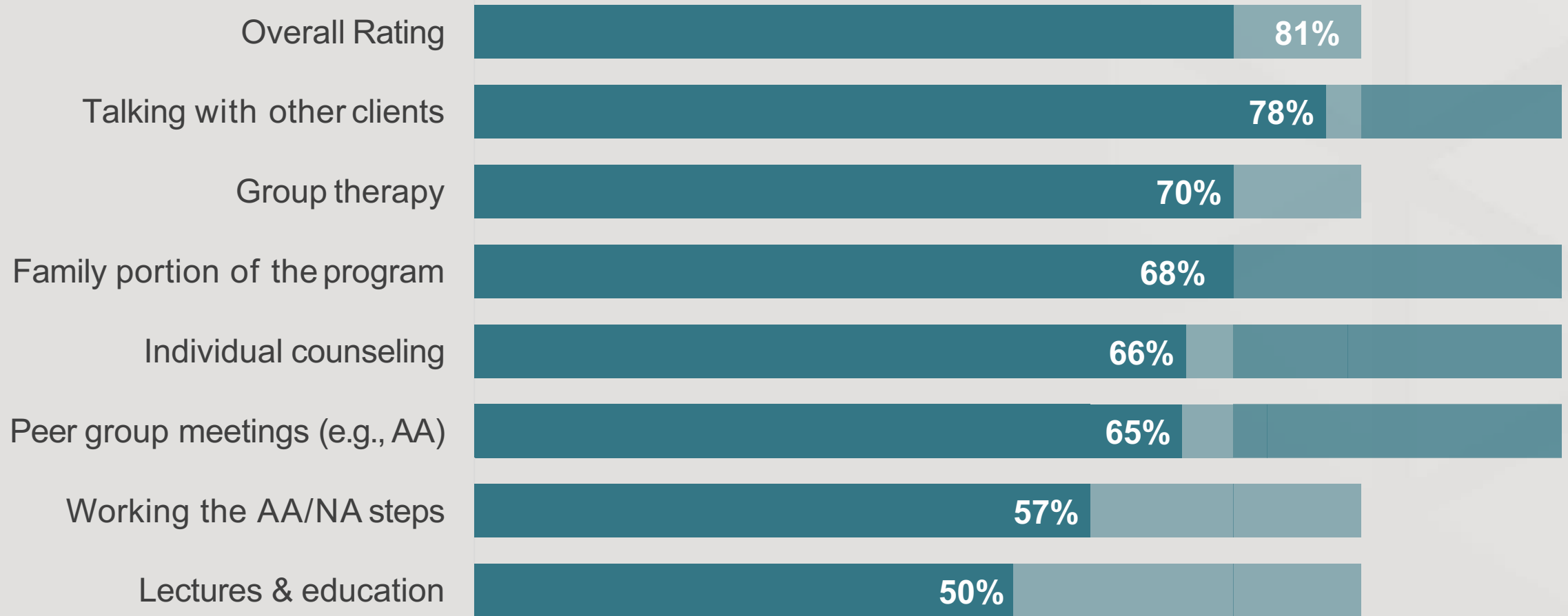


**33%**  
were married

# Follow-up rates varied across treatment facilities and time points

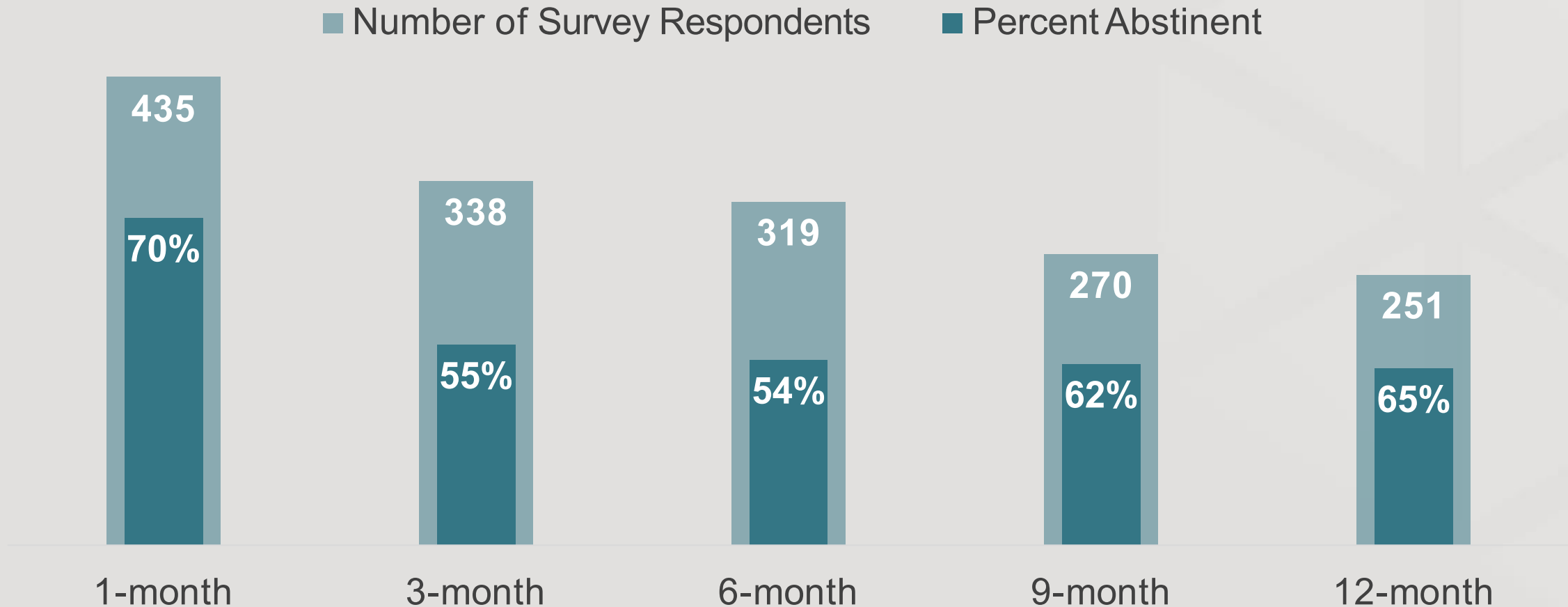


# Participants found treatment to be very helpful





# A majority of participants reached for follow-up reported being abstinent at each time point



# Limitations



**Not all participants were  
reached for follow-up**



**Convenience sample**



A photograph of four people standing on a grassy hill, looking out over a valley at sunset. The sun is low on the horizon, creating a warm, golden glow. The people are silhouetted against the bright light. In the foreground, there is some dry grass and a small bag or backpack on the left.

# **Outcomes Measurement Toolkit**



# Purpose of the Outcomes Measurement Toolkit

1

Although many providers conduct participant outcomes research, **there is not currently a nationwide standard for treatment providers** to collect common data.

2

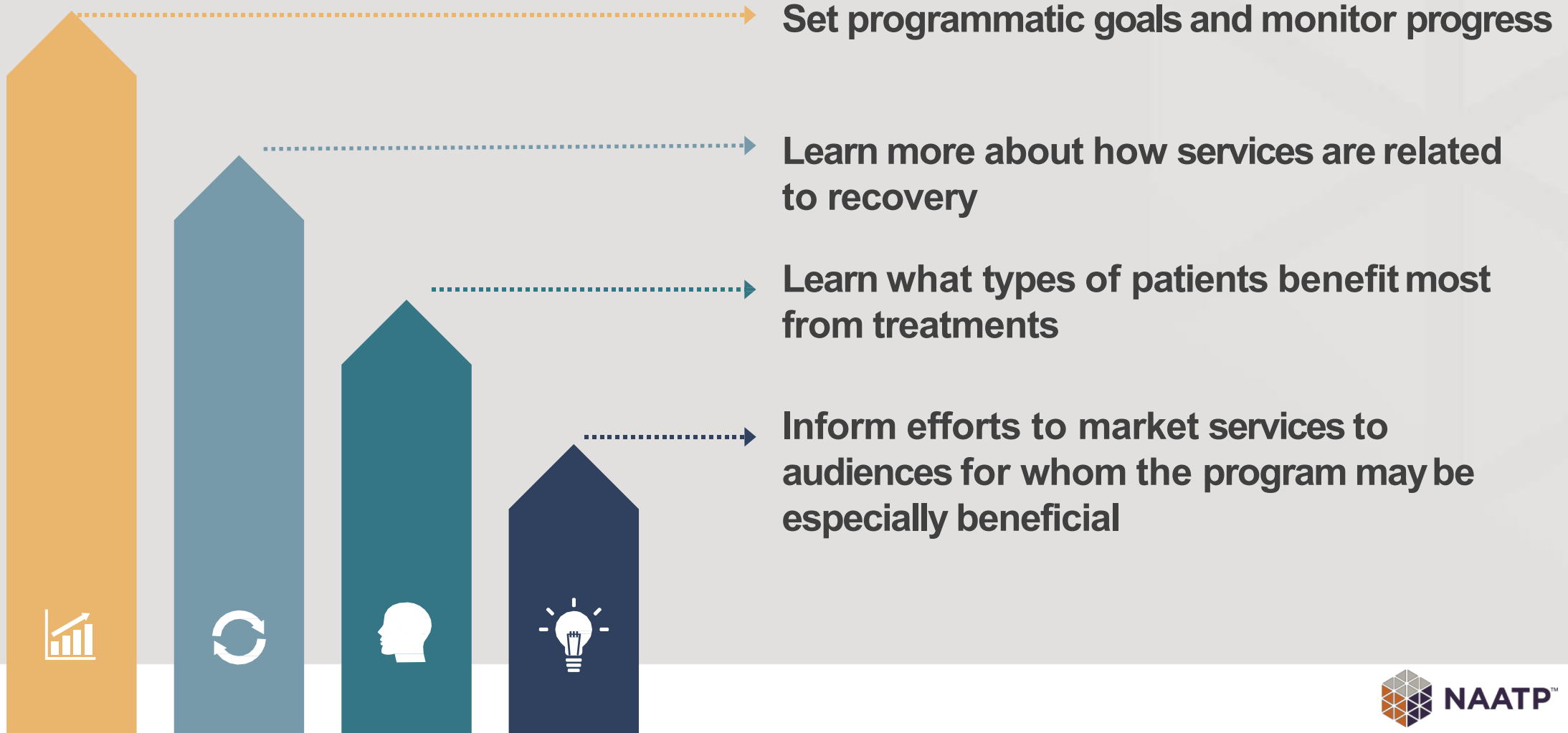
NAATP's goal is **help close the gap in treatment outcomes research** by offering standard tools and processes.

3

Toolkit can facilitate common data collection across providers to **support additional research, effective practices in treatment, and promote provider services.**



# Why Collect Outcome Data?





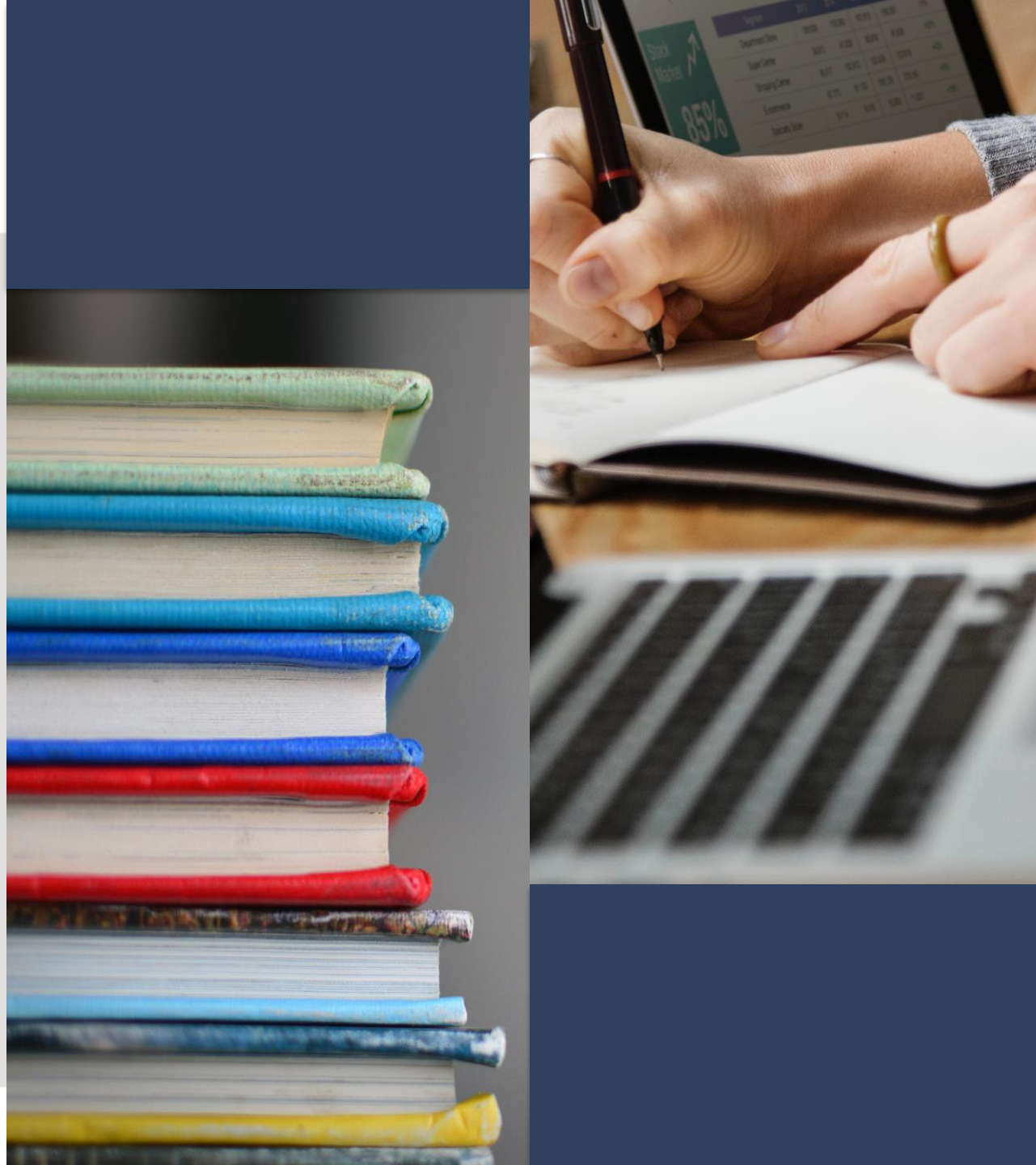
A photograph of four people standing on a grassy hill, looking out over a vast landscape at sunset. The sun is low on the horizon, creating a warm, golden glow and long shadows. The people are seen from behind, with their arms around each other's shoulders. In the foreground, there is some dry grass and a small bag or cooler. The background shows rolling hills under a clear sky.

# **Implementation Case Study: Sundown M Ranch**



## Toolkit Best Practices

Our organization has clear plans for ethical engagement with participants and clear research plans



## Sundown M Ranch

Analyze the project from beginning to end—including staffing, and your use of paper/electronic data gathering

## Toolkit Best Practices

Our organization  
has the  
infrastructure and  
staffing necessary  
for this work



## Sundown M Ranch

Pick your existing  
staff carefully,  
and determine  
the value of  
hiring more FTEs  
vs outsourcing



## Toolkit Best Practices

Our organization  
has data  
management  
systems in place  
and clear plans  
for collecting data



## Sundown M Ranch

Prioritize the  
work for staff and  
ensure effective  
time management.

## Toolkit Best Practices

If necessary, our organization has identified research partners to help with our outcomes program



## Sundown M Ranch

Toolkit  
implementation  
post pilot



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**Thanks!**  
**Any Questions?**

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Thank you!

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